


# RETURN TO RUGBY ROAD MAP: COMMUNITY GAME






PHASED RETURN

WHAT IT COULD LOOK LIKE

					CURRENT STATUS
<div><div>A</div><div></div><div>✓</div></div> <div>INDIVIDUAL TRAINING WITH ONE OTHER PERSON</div> <div><div>Exercise with one other person: fitness training or physical development</div><div>Maintain social distance</div><div>No equipment sharing</div></div>	<div><div>B</div><div></div><div>✓</div></div> <div>SMALL GROUP TRAINING</div> <div><div>Exercise within a small group (Up to 6) &amp; maintain social distance</div><div>No face to face (F2F) /close contact</div><div>Equipment sharing kept to a minimum</div></div>	<div><div>C</div><div></div><div>✓</div></div> <div>LARGER GROUP TRAINING: LIMITED F2F/ CLOSE CONTACT</div> <div><div>Exercise with a larger group</div><div>Social distancing potentially not required at all times</div><div>Limited F2F &amp; close contact exposure could now be permitted</div></div>	<div><div>D</div><div></div><div>✓</div></div> <div>WHOLE TEAM TRAINING: INCREASED F2F/ CLOSE CONTACT</div> <div><div>Exercise with a larger group</div><div>Social distancing potentially not required at all times</div><div>Increase in level of F2F &amp; close contact exposure could be permitted</div></div>	<div><div>E</div><div></div><div>✓</div></div> <div>WHOLE TEAM TRAINING: IN PREPARATION FOR MATCHES</div> <div><div>Social distancing could no longer be required</div><div>Unrestricted F2F &amp; close contact exposure could be permitted</div><div>Rugby contact could be permitted</div></div>	<div><div>F</div><div></div><div>✓</div></div> <div>RETURN TO MATCH PLAY</div> <div><div>Competitive rugby can recommence.</div><div>Could include some form of adapted activity dependent on COVID-19 mitigation</div></div>

## STRONG HAND HYGIENE TO BE ADHERED TO AT ALL STAGES

LIKELY TRIGGER TO MOVE TO THIS STAGE

<p>Individuals allowed to exercise with someone from another household</p> 	<p>Expansion in numbers allowed to meet together</p> <p>Equipment sharing allowed if supported by hand hygiene</p> 	<p>Further expansion of group size rules &amp; relaxation of social distancing</p> <p>Risk of rugby training F2F &amp; close contact exposure deemed low enough to allow limited introduction to some traditional training activities</p> 	<p>Further easing of group size rules &amp; social distancing</p> <p>Risk of rugby training F2F &amp; close contact exposure deemed low enough to allow increased participation in more traditional training activities</p> 	<p>Removal of social distancing</p> <p>Risk of F2F &amp; close contact exposure low enough to allow progression to unrestricted F2F &amp; close contact training activities</p> 	<p>Social distancing removed completely</p> <p>Risk of F2F &amp; close contact exposure low enough to allow unrestricted F2F &amp; close contact match activities</p> 
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TIMESCALES TO ALLOW PROGRESSION BETWEEN STAGES WILL BE CAREFULLY MANAGED AND DETERMINED BY MEDICAL & GOVERNMENT ADVICE. REGULAR UPDATES WILL BE ISSUED BY THE RFU ALONG WITH DETAILED GUIDANCE AS EACH PROGRESSION TAKES PLACE